DR. M. AYSE ARVAS ULUG

Hair Transplantation | Medical Aesthetics | Mesotherapy

ADVANCED INTERNATIONAL TRAINING – ISHRS

In 2019, she participated in the **ISHRS FUE Hands-On Cadaver & Live Surgery Workshop**, focusing on:

- Advanced FUE extraction techniques
- Cadaver-based precision practice
- Live surgical observation
- Natural hairline architecture
- Minimally invasive graft handling

REGENERATIVE SUPPORT THERAPIES

Holding a Mesotherapy Application Certificate (2017), she integrates PRP and regenerative scalp protocols to enhance follicular vitality and improve long-term outcomes.

MEDICAL AESTHETIC & COSMETIC CERTIFICATION

Certified in **Aesthetic and Cosmetic Medical Applications (2025)**, she combines hair restoration with complementary aesthetic procedures to ensure harmonious facial balance.

AREAS OF EXPERTISE

- FUE Hair Transplantation
- Female hair transplantation
- Natural hairline architectural design
- Beard & eyebrow transplantation
- Revision hair restoration
- PRP & mesotherapy-supported protocols
- Biological hair loss evaluation

PHILOSOPHY

For Dr. M. Ayşe Arvas Uluğ, hair transplantation is not simply a cosmetic procedure — it is a **microscopically guided, biologically optimized restoration process.** Her approach is defined by:

- Scientific precision
- Tissue-preserving techniques
- Long-term follicular sustainability
- Natural, undetectable results

ABOUT:

Dr. M. Ayşe Arvas Uluğ graduated from Istanbul University Cerrahpaşa Faculty of Medicine in 1995, earning her Medical Doctor degree from one of Turkey's most prestigious medical institutions.
She later completed her specialization in Histology and Embryology, developing advanced expertise in:

- Cellular architecture
- Tissue regeneration mechanisms
- Wound healing biology
- Hair follicle embryologic development
- Microscopic structure of skin and adnexal tissues

This highly specialized academic background provides her with a profound understanding of hair follicle biology at the cellular level, forming the scientific backbone of her hair transplantation and regenerative treatment protocols.

SCIENTIFIC FOUNDATION BEHIND HER HAIR RESTORATION PRACTICE

Unlike purely technical practitioners, Dr. Ayşe Arvas approaches hair transplantation through a microscopic and biological perspective.

Her expertise in Histology & Embryology allows her to:

- Optimize graft survival based on tissue physiology
- Minimize follicular trauma during extraction
- Strategically plan recipient sites according to vascular patterns
- Support post-operative regeneration through biologically guided protocols

HAIR TRANSPLANTATION SPECIALIZATION JOURNEY

Ministry of Health Certified Hair Transplant Practitioner

She successfully completed the official Hair Transplant Practitioner Certification Program approved by the Turkish Ministry of Health (Registration Date: 08.12.2025).

Training included:

- Donor area strategy and density calculation
- Graft harvesting techniques
- Recipient site angle and depth design
- Complication prevention and management
- Post-operative biological recovery planning

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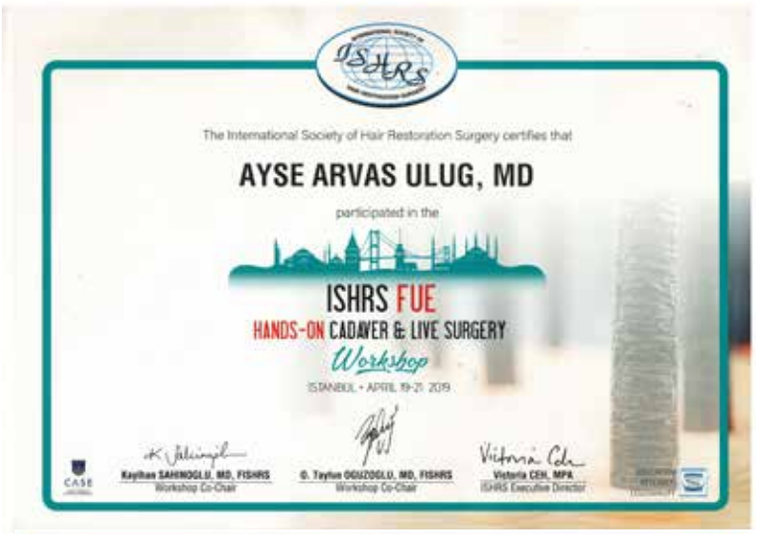
CERTIFICATES:



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